## **Redwoods Altitude**

Please note, a reasonable level of fitness is required, and all participants should be in good health and able to reach 180 cm at the crease of their wrist. Participants must weigh between 30 kg and 120 kg and be able to understand and follow instructions.

A full list of Redwoods Altitude Terms and Conditions is available on our website.

## **Redwoods Altitude Disclosure of Risk**

With every adventure activity there is always an element of personal responsibility and a level of risk. Accordingly, it is imperative that you read, understand and acknowledge the following Terms and Conditions before participating in this activity:

At Redwoods Altitude we comply with and adhere to NZ Law and a comprehensive safety management plan for our activities, where the priority is to take all practical steps to provide you with the safest and highest quality experience possible.

However, in the environment we operate in and by the nature of the tour we provide, we cannot with absolutely certainty guarantee your personal safety or the safety of your personal property whilst on tour.

The activities offered by Redwoods Altitude, include but are not limited to, navigating suspended walkways, bridges, ziplines and belays and inherently involve risks and potential hazards.

The hazards and risks you may be exposed to include but are not limited to uneven terrain, moving bridges and platforms, trips and slips, falls from height, vertigo, suspension trauma, equipment failure and injury, ranging from minor to serious, or death.

The activity may be both mentally and physically challenging and operates at a height up to 30 meters off the ground.

We will take all practical precautions to provide the safest experience possible. However, by agreeing to participate in this activity, you are acknowledging that 100% of the risk cannot be eliminated and your safety cannot be guaranteed.